

Innisfree

VILLAGE VOICE
WINTER 2019

The Life Cycle of the Tea Bag

Here at Innisfree Village we love our herbal tea!
How do we love our herbal tea? Let us count the ways...



Ellie & Maggie love

to mix compost with
the other ingredients
for potting mix
to plant seeds...

Tee loves

to work the soil in our
garden to get ready
for little herbs...

Kelsea loves

to plant the seeds of our
herbs into small pots...



Andy loves

to sift compost in order
to make potting mix...



Brooke loves to transplant

the small potted herbs into the garden...

Corinne loves to harvest

the herbs for tea...



Harry loves
to fill small pots
with potting mix...

Nazli loves
to grind
the dried herbs..



Max loves
to fill individual tea
bags with the dried
herb mixes...



Lyn loves
to count tea bags
as we package
them for sale...



Julie loves to separate the
dried leaves and flowers
of the herbs from their stems...



Elizabeth loves to iron seal
the tea bags...

Mark loves to spread the herbs
on to drying racks...

Heyward loves to separate seeds
from the flowers to save for next season...

*We'd love to share our tea with you!
Come visit us or give us a call!*

Save the Date
Junefest
*New name,
same music festival*
Saturday, June 1, 2019



Spotlight on our New Volunteer Recruiter:

Welcome, Julie Freeman-Mullins!



Julie is thrilled to be joining the Innisfree Village community and is looking forward to meeting everyone! She has spent the last 18 years serving in non-profit ministry with an emphasis in food services. As a culinary arts graduate and with a bachelor's degree in business management and marketing from East Tennessee State University, she has been blessed to use her skills and gifts to serve others and have a positive impact in her community.

Julie grew up in Newport, Tennessee but now lives in Waynesboro, VA with her husband, Josh, and their two fur babies. Here are a few of Julie's favorite things so you can get to know her a little better!



- **Cooking** is her passion and pasta is her weakness. She has a collection of over 100 cook-books. Obsessed? Maybe?!

- **Camp** is where it all began! Serving on staff at Carson Springs Conference Center and Winshape Camps is where her passion for non-profits and ministry grew.

- **Reading and watching** crime novels and TV shows are her favorite chill out hobbies.

- Likes to let her **superhero** nerdiness show because she loves the *Green Arrow* and *The Flash*.

- **Dancing** is another beloved passion. Ballet, tap, jazz, modern, and lyrical. She loves them all!

- If her heart could speak, it would sing out in a one-woman **musical**. Finding *Neverland* and *Wicked* on Broadway are her absolute favorites.

- **Singing/music** is very important to her. Singing in chorus groups and her church choir over the years, she loves many different types of music.

- **Photography** is a pastime that she wishes she had more time for exploring and honing. She loves to get out in nature and to capture pictures of her culinary creations.

- **Crafts**, crafts, and more crafts! She's a craft junkie who loves to be creative, making wreaths and other seasonal home décor.

- **Coffee and tea** are pretty much the only way she can start and end her day. Her favorites are dark roast and any kind of herbal tea, especially chamomile lavender.

- **Fripp Island, SC** is her favorite spot on earth. This little beach island is where she and Josh spent their honeymoon and many vacations with family and friends.

- **Volunteering** makes her very happy! It is important for her to spend time reaching out and helping others. She was heavily involved in her home church's outreach ministries before moving to VA. She loves volunteering at the PBandJ Fund in Charlottesville where she works with local children's groups to educate them in healthy eating and cooking. It's so much fun! Check it out at <http://pbandjfund.org/>.



INNISFREE VILLAGE
5505 WALNUT LEVEL ROAD
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434-823-5400
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a newsletter of
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Thomas Michael Kimsey

October 1, 1951 - December 31, 2018



Tom called Innisfree home for more than 40 years. We will always remember the endless energy he had as a young man, the miles he walked each day, his deep sense of right and wrong, his loyalty to his family and friends, his sometimes cutting

sense of humor, his famous one-liners, his philosophical questions, his love of travel and adventure, and his penchant for trivia. While his interest in “work” in the traditional sense was limited, he contributed to our community in his own invaluable ways.



Tom died peacefully in his home Windsong early on the morning of December 31, 2018, after more than seven years living with Parkinson’s Disease, a condition that stole from him many of the things he loved most in life. We are so grateful to his long-time friends and caregivers Gillian and Scott Preston, his over-night caregiver Angela McDaniel, his many friends at Innisfree who provided care and companionship, and Hospice of the Piedmont for their support in his final months of life. Rest well and walk free, Tom. You are missed.

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